



## **POSSIBLE QUESTIONS FOR CONSUMERS TO ASK A THERAPIST IN AN INTERVIEW**

- What are your views about therapy?
- What training, degrees, or experience do you have with situations similar to mine?
- What success have you had in working with people like me?
- What are your strengths and weaknesses?
- What does \_\_\_\_\_ mean? (Ask for definitions of words you do not understand.)
- How much professional and personal experience have you had with children?
- How do you feel about working with a man, woman, working woman, unemployed man, substance user/abuser, lesbian, gay man, feminist, ex-convict, etc?
- How much do you work with the parents if you are counseling a child?
- What do you think about marriage, divorce, etc.?
- How do you decide on the fees you charge?
- Do you work on a contract basis?
- Do you make adjustments to fees? How? When?
- Are you eligible for insurance payments?
- What diagnosis will you write on my insurance claim form?
- What are the costs of emergency contacts?
- What is your policy about canceled appointments?
- What if I don't show up?
- What are your expectations about my therapy?
- To what extent will I make decisions about my treatment?
- How long is the average client in treatment with you?
- What skills will I have when treatment is completed?
- How do you/we decide when it is time for therapy to end?
- How will I know when I'm finished?
- If you are out of town, do you have a back-up therapist?